

# WASH YOUR HANDS!

## HOW TO WASH YOUR HANDS

### 1) WET



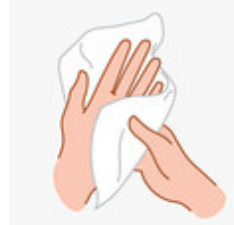
### 2) SOAP



### 4) RINSE



### 5) DRY



### 3) SCRUB

**– SING "ABCs" OR "HAPPY BIRTHDAY" 2 TIMES**

### WHEN TO WASH YOUR HANDS:

**BEFORE AND AFTER TOUCHING YOUR FACE**

**AFTER COUGHING OR SNEEZING**

**BEFORE AND AFTER EATING**

**AFTER TOUCHING SURFACES**

**BEFORE AND AFTER GOING OUTSIDE**

**AFTER GOING TO THE BATHROOM**

